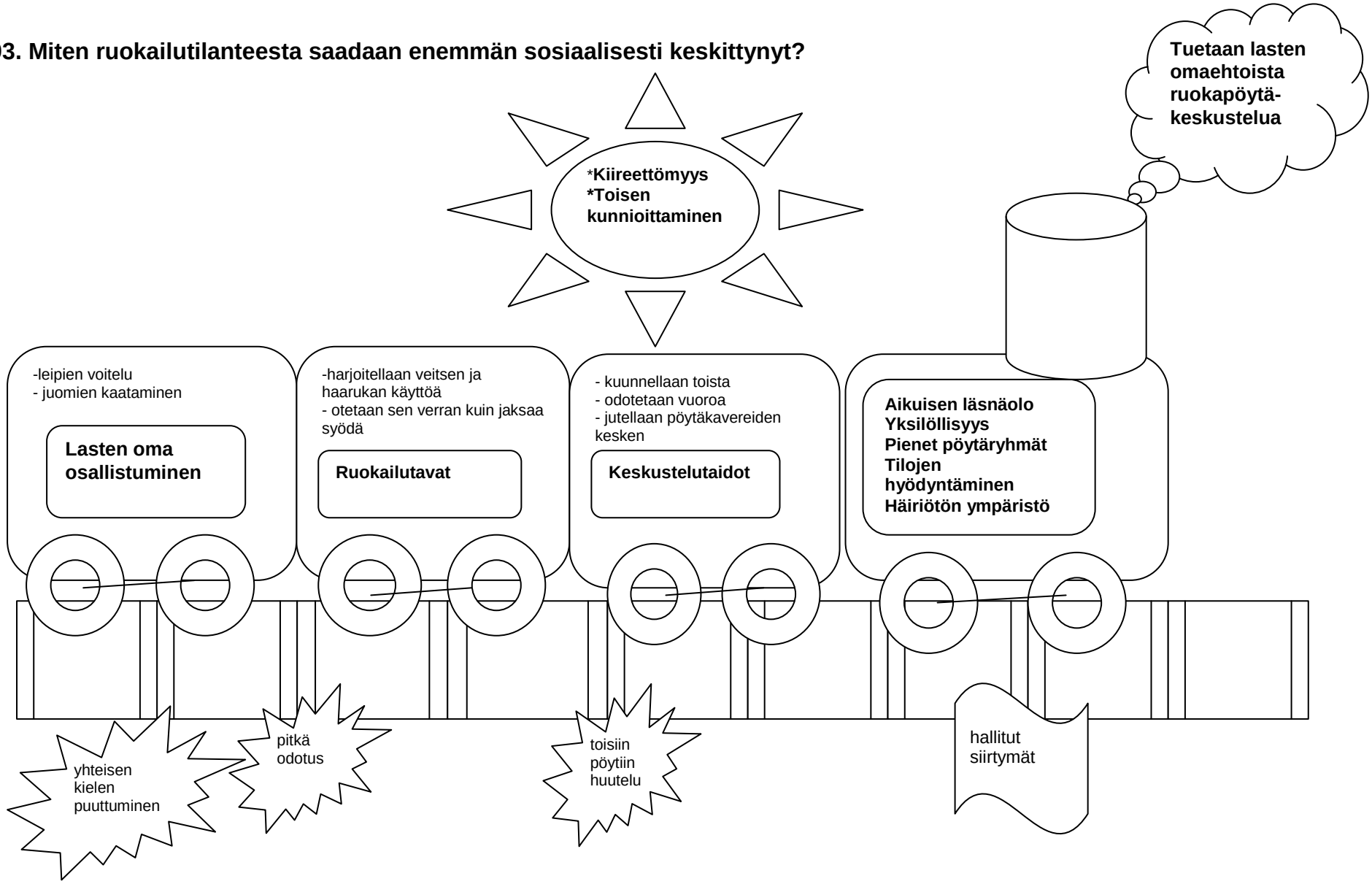93. Miten ruokailutilanteesta saadaan enemmän sosiaalisesti keskittynyt?