

Translation of the Sarzaem paper has been moved to:

<https://doi.org/10.5281/zenodo.7115938>

Harri Hemilä  
Department of Public Health  
University of Helsinki, Finland  
[harri.hemila@helsinki.fi](mailto:harri.hemila@helsinki.fi)  
<https://www.mv.helsinki.fi/home/hemila>  
**Oct 28, 2022**